



BAKERY & CROCKPOT

Fresh Baked Daily

Assorted Muffins & Croissants
Fruit Danish
Gourmet Assorted Flavoured Rolls
Whipped Butter Cups
Crackers

Chef's Soup of the Day

GARDEN FRESH

Mixed Green Salad
with choice of dressing

Seasonal Fresh Fruit Plate
with honey-yogurt dip

Caesar Salad

Cobb Salad
with sweet onion vinaigrette

Caesar Salad with Grilled Chicken

Greek Salad

Assorted Sushi

SANDWICHES & WRAPS

Shaved Black Forest Ham and Swiss Cheese

Grilled Vegetables and Provolone Cheese

Maple Smoked Turkey and Canadian Cheddar

Iced Seafood Salad

Chicken or Tuna Salad

All Sandwiches are available on White, Multi-grain, Onion Panini or Wrap



BARBEQUE & GRILL STATION

Hamburger - 1/4 Pound
Cheeseburger - 1/4 Pound
Deli Style Sausage on a Bun
Nathan's Hot Dog
BBQ Half Chicken
French Fries
Side of Gravy
Side of House Baked Beans
Roasted Garlic Mashed Potatoes

ASSORTED CONDIMENTS

Lettuce, Tomatoes
Sliced Red Onions
Chopped Onions
Sliced Pickles
Gourmet Mustards
Gourmet Relishes

CARVERY

Herb Crusted Baron of Beef
Maple Glazed Smoked Ham
Slow Roasted Ontario Pork Loin
Smoked Turkey Breast
Corned Beef on Rye

Sliced and Served on a Fresh Kaiser Roll with Condiments

(ONE ITEM DAILY FROM ABOVE CHOICES)

Chef's Soup of the Day with any Sandwich Combo



PIZZA & PASTA

Pizza by the Slice

Cheese and Pepperoni
Cheese and Vegetable

Pasta

Penne Pasta with Pomodoro Tomato Sauce
Meatballs

Pasta Feature of the Day - Cooked to Order

Chef's Baked Pasta Feature

ASIAN STATION

"Chef's Stir Fry Feature"

Beef, Pork, or Chicken Teriyaki Stir Fry
Stir Fried Cantonese Noodles

"Chinese Combo"

Egg Noodles, Egg Rolls, Chicken Balls, Fried Rice
Dry Garlic BBQ Spare Ribs
Sweet and Sour Fish

"Chef's Soup of the Day"

Hot & Sour

or

Egg Drop



DESSERTS

Seasonal Pie
Fruit in Summer, Cream Pies in Winter

Chocolate Pudding or Custard

Fresh Fruit Salad

Feature Cake
*(I.e. Carrot Cake or Chocolate Ganache Torte
or various flavoured Cheesecakes)*

BEVERAGES

Bottled Water
Bottled Juice
Milk (*White or Chocolate*)
Hot Chocolate, Coffee or Tea
Cappuccino, French Vanilla or Mocha

Fruitopia, Gatorade, Powerade
Beer & Wine
Fountain Pop
Iced Cappuccino
Nesquik