Soup & Salad

Chefs Daily Soups \$595

Market Salad \$895

spring mix, romaine lettuce, fresh garden vegetables, balsamic vinaigrette

Caesar Salad \$11⁹⁵

fresh romaine, croutons, freshly ground parmesan, creamy caesar dressing

Green Goddess Bowl \$1395

quinoa, chopped romaine, chickpeas, cucumber, green onion, broccoli, cherry tomatoes, green goddess dressing



Sandwiches

GRILLED PANINIS	
Turkey Clubhouse Panini Ontario carved turkey, smoked bacon, spring mix, cranberry mayonnaise, on marble rye	\$ 14 ⁵⁰
Roast Beef & Cheddar Melt sliced deli roast beef, Ontario cheddar, tangy horseradish sauce, on sourdough everything bread	\$ 14 ⁵⁰
Grilled Caprese Sandwich sliced mozzarella, fresh tomatoes, roasted red peppers, basil pesto, balsamic glaze, on multi grain bread	\$14 ⁵⁰
GRAB & GO	
Ham & Swiss smoked ham, swiss cheese, spring mix, tomatoes, honey mustard, on a ciabatta bun	\$13 ⁹⁵
Chicken Salad Croissant chunky chicken salad, spring mix, tomato, cucumber, on a buttery croissant.	\$13 ⁹⁵
Vegetarian Hummus Wrap hummus, roasted red pepper, cucumber, shredded carrot, tomato, spring mix, wrapped in a whole wheat tortilla	\$13 ⁹⁵

Soup & Salad

Chefs Daily Soups \$595

Market Salad \$895

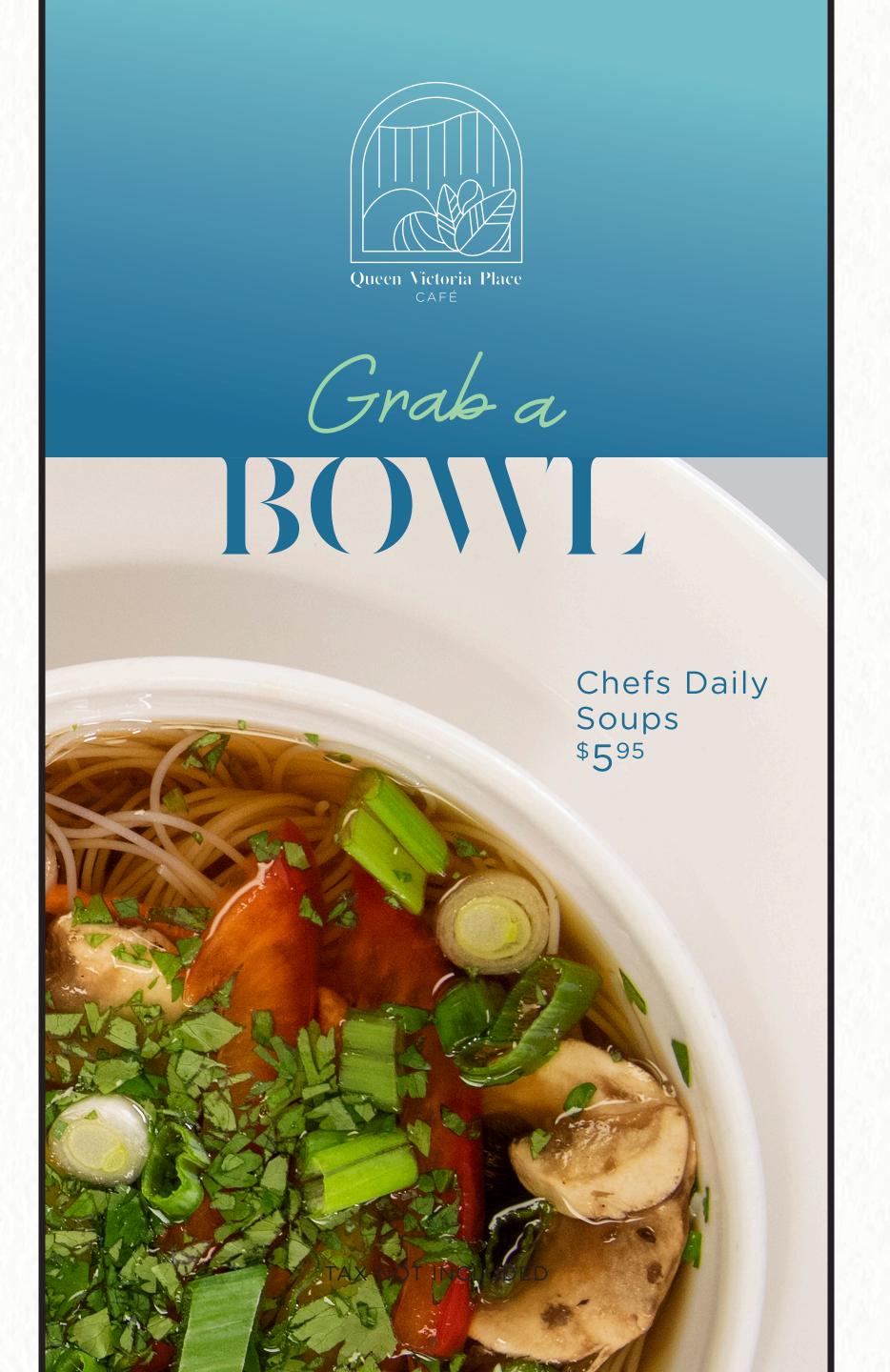
spring mix, romaine lettuce, fresh garden vegetables, balsamic vinaigrette

Caesar Salad \$11⁹⁵

fresh romaine, croutons, freshly ground parmesan, creamy caesar dressing

Green Goddess Bowl \$1395

quinoa, chopped romaine, chickpeas, cucumber, green onion, broccoli, cherry tomatoes, green goddess dressing

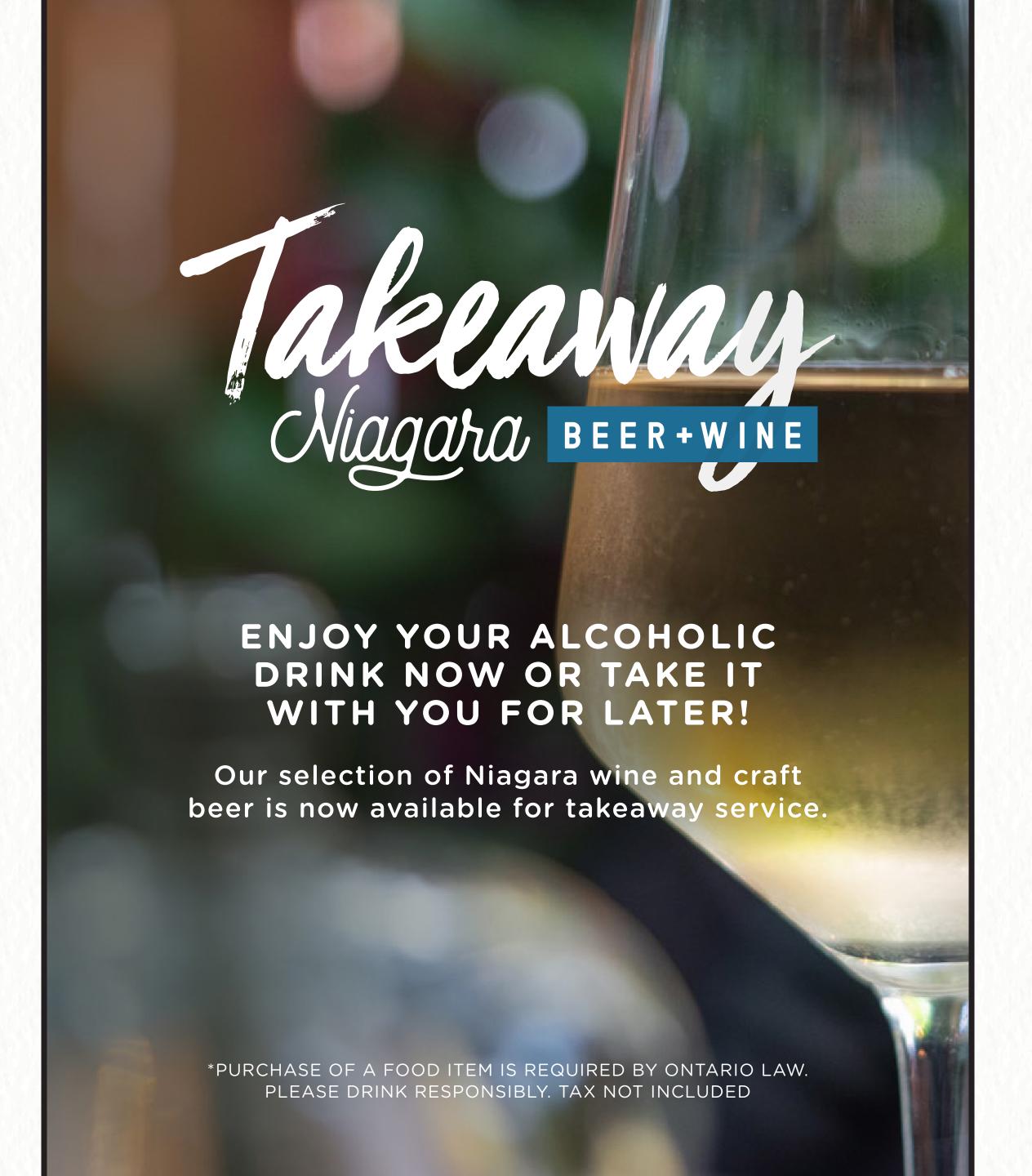


Sandwiches

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Grilled Caprese Sandwich sliced mozzarella, fresh tomatoes, roasted red peppers, basil pesto, balsamic glaze, on multi grain bread	\$ 14 ⁵⁰
GRAB & GO	
Ham & Swiss	\$13 ⁹⁵
smoked ham, swiss cheese, spring mix, tomatoes, honey mustard, on a ciabatta bun	
Chicken Salad Croissant	\$13 ⁹⁵
chunky chicken salad, spring mix, tomato, cucumber, on a buttery croissant.	
Vegetarian Hummus Wrap	\$13 ⁹⁵
hummus, roasted red pepper, cucumber, shredded carrot, tomato, spring mix, wrapped in a whole wheat tortilla	

BAKCIY PASTRIES & DESSERTS

\$ 3 ²⁵
\$ 3 75
\$ 3 75
\$ 4 75
\$ 3 75
\$ 4 95
\$2 ⁷⁵
\$ 5 ⁵⁰
\$ 3 75
\$2 ⁵⁰
\$6 ⁹⁵



Beverages

Hot Chocolate	\$ 3 75
French Vanilla	\$ 3 75
Café Mocha	\$ 4 ²⁵
Frozen Coffee	\$ 5 ²⁵
Unsweetened Iced Tea	\$450
Sparkling Water	\$4 95
Smoothies	\$ 5 95
Frozen Lemonade	\$ 5 ²⁵
Bottled Sodas	\$ 3 ⁷⁶
Bottled Juice	\$376
Bottled Water	\$376
Milk/Chocolate Milk	\$ 3 95
Craft Beer	\$ 9 ⁷⁵
Coolers	\$ 9 75
Wine 60z \$10	90z \$14

Balkery PASTRIES & DESSERTS

Bagel	\$ 3 ²⁵
Muffin	\$ 3 75
Croissant	\$ 3 75
Cheese Croissant	\$4 75
Danish	\$ 3 75
Pastries	\$ 4 95
Chocolate Chip Cookie	\$2 ⁷⁵
Double Chocolate Fudge Brownie	\$ 5 ⁵⁰
Butter Tart	\$3 75
Loaves	\$3 75
Nanaimo Bar	\$ 3 75
Apple Fritter	\$3 75
Fresh Whole Fruit	\$2 ⁵⁰
Yogurt Parfait	\$6 ⁹⁵



made to CRANIC

TAX NOT INCLUDED

Beverages

Hot Chocolate	\$ 3 75
French Vanilla	\$ 3 75
Café Mocha	\$425
Frozen Coffee	\$ 5 ²⁵
Unsweetened Iced Tea	\$450
Sparkling Water	\$4 95
Smoothies	\$ 5 95
Frozen Lemonade	\$ 5 ²⁵
Bottled Sodas	\$376
Bottled Juice	\$376
Bottled Water	\$ 3 ⁷⁶
Milk/Chocolate Milk	\$ 3 95
Craft Beer	\$ 9 ⁷⁵
Coolers	\$ 9 ⁷⁵
Wine 60z \$10	90z \$14

Coffee

FRESHLY BREWED & ESPRESSO

GRANDE

Pikes Place Fresh Brewed

\$450 Coffee

\$450 Ice Coffee

\$**5**95 Café Latte/Cappuccino

\$6⁹⁵ Flat White

> SOLO DOUBLE

\$2⁹⁵ \$395 Espresso

\$O⁷⁵

ADDITIONS

Flavour Shots

Whipped Cream

\$O⁷⁵

Vanilla, Bitter Sweet Chocolate, White Chocolate Mocha, Caramel

Freshly Brewed Coffee \$450



Starbucks Refresher \$6²⁵

Tea

GRANDE

Teavana Tea

\$425

STARBUCKS Refreshers®

GRANDE

Strawberry Acai

\$6²⁵

Mango Dragonfruit

\$6²⁵

