



**NIAGARA  
PARKS**

2023 VISITOR EXPERIENCES



## WELCOME TO NIAGARA PARKS

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Immerse yourself in the natural beauty of the 56km Niagara River Corridor at Niagara Parks. Hear the roar of the falls, feel the mist rising from the river, soar over a rushing whirlpool, and explore a century-old power station before traveling deep underground to emerge at the river's edge.

Your next adventure starts at Niagara Parks.





## TABLE ROCK CENTRE

For nearly as long as Niagara Falls has been a global travel destination, Table Rock Centre, or some version of it, has been at the heart of the traveller's experience. This iconic building recently completed a spectacular two phase redevelopment project, modernizing its visitor amenities including new dining and shopping experiences.

Perched atop the Canadian Horseshoe Falls, visitors will experience top attractions like Journey Behind the Falls and indulge in delicious culinary offerings from Table Rock House Restaurant.



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## JOURNEY BEHIND THE FALLS

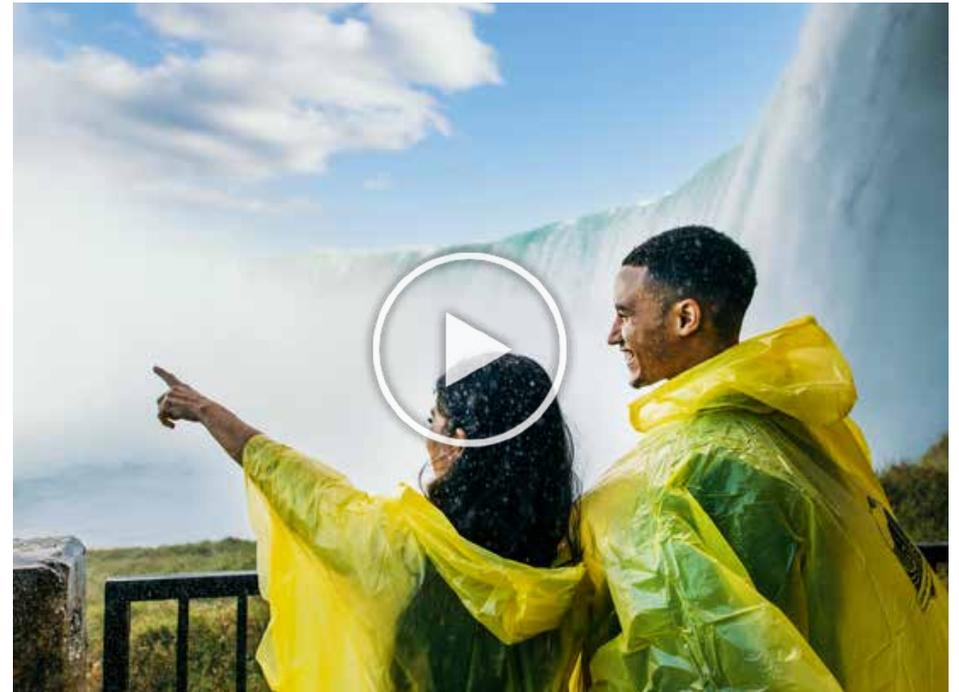
To stand at the heart of Niagara, you'll first need to descend 125 feet and explore 130-year-old tunnels through the bedrock, but you'll feel the thunderous vibration of the Horseshoe Falls long before you see them.

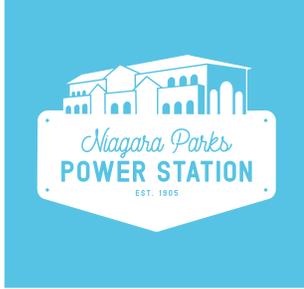
The observation deck at the foot of this 13-storey-tall wonder will leave you breathless (and maybe a little bit wet), but don't forget the viewing portals cut straight through the rock, offering a once-in-a-lifetime view of one-fifth of the world's fresh water crashing down in front of you.

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## NIAGARA PARKS POWER STATION

From the most towering turbine to the tiniest detail, uncover fascinating stories hidden within the historic Niagara Parks Power Station, our newest must-see attraction. Explore the first major power plant on the Canadian side of the Niagara River with immersive exhibits, restored artifacts and interactive storytelling.

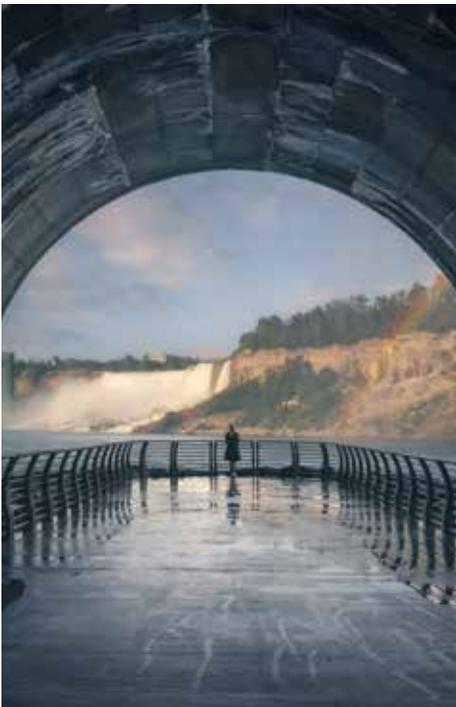
After your tour of the generator hall, descend 180 feet below the ground floor in a glass-paneled elevator to explore the 2,200-foot long tunnel, leading to an observation deck at the river's edge.

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THE  
**TUNNEL**  
AT THE NIAGARA PARKS POWER STATION

## THE TUNNEL

at the NIAGARA PARKS POWER STATION

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Descend 180 feet beneath the historic Niagara Parks Power Station to discover the 2,200-foot-long tunnel that lies under Niagara's cathedral of power.

This all-new attraction uncovers a never-before-seen underground world and reveals more fascinating details about Niagara's incredible story of power. Make your way down into the tunnel in a glass-enclosed elevator and prepare to witness a breathtaking panoramic view of the falls from the viewing platform at the edge of the Niagara River.

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# CURRENTS

sound and light show at  
NIAGARA PARKS POWER STATION

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Experience the remarkable Niagara Parks Power Station in a whole new way with Currents, an epic evening sound and light show inside the heart of the plant.

This one-of-a-kind sensory experience reawakens the massive machinery of the iconic power plant through imagery, lights, sound, and a breathtaking musical score. Walk through this historic space and become part of the incredible transformation of water to power.

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## WHIRLPOOL AERO CAR

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Hop on the historic Whirlpool Aero Car for an unforgettable ride over the vibrant, teal-coloured waters of the Niagara River.

Witness spectacular views of the swirling Niagara Whirlpool and the river's Class 6 rapids as you soar 3,500 feet across the Niagara Gorge.



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## BUTTERFLY CONSERVATORY

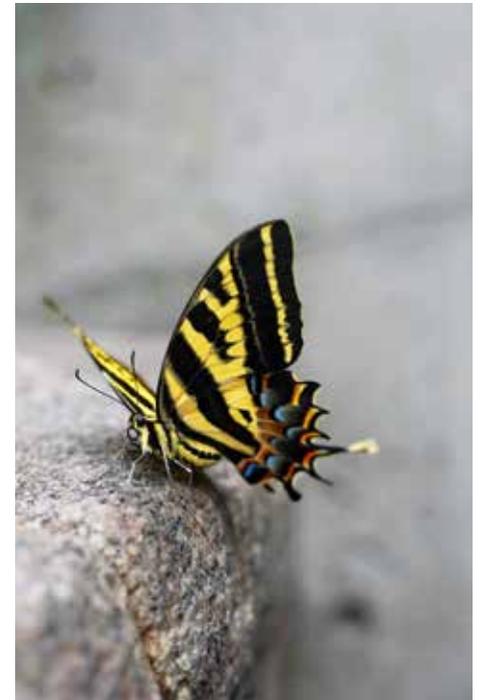
Step inside one of the largest glass-enclosed butterfly conservatories in North America and discover a tropical garden oasis. The Niagara Parks Butterfly Conservatory features over 2,000 vibrantly coloured butterflies fluttering freely throughout winding pathways adorned with lush vegetation and trickling waterfalls.

Make your way through 180 metres of meandering pathways surrounded by towering tropical plants and gorgeous blooms. This tropical oasis is yours to explore! You'll find feeding trays where butterflies gather for an up-close look, specially curated blooms that attract these fascinating creatures, and a picturesque waterfall creating a virtual rain forest atmosphere.

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## WHITE WATER WALK

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Feel the thrill of being at the river's edge!

White Water Walk offers a first-hand lesson in the raw power and peril of the Niagara River's Class 6 whitewater rapids, some of the wildest in North America. The roar of the river provides a deceptive calmness, the perfect ambiance for your walk among the many platforms that offer incredible views. The sight on this quarter-mile boardwalk will take your breath away!

As part of this self-guided experience, enjoy stories about the geology of the Niagara Gorge and the plant and animal life you may see on your visit to Niagara Parks.

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## NIAGARA'S FURY

Travel back in time 10,000 years with Niagara's Fury!

Step inside our 4D motion theater and discover the ancient story of Niagara Falls in this multi-sensory simulation of the last Ice Age. The temperature will drop, mist and snow will fall and you'll be surrounded by stunning visuals along the mighty Niagara River. Hang on tight, the trembling floor will make you feel the power of Mother Nature!

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## TABLE ROCK HOUSE RESTAURANT

It's not just a tagline, Table Rock House Restaurant really is the closest you can dine to the Canadian Horseshoe Falls. Perched on the brink, enjoy our locally sourced and internationally inspired menu with the breathtaking Niagara Falls as your backdrop.

New this year, Chef Matthew Krupa takes reign in Table Rock House Restaurant. After graduating from the Niagara College Culinary Management Program, Chef Krupa began international training in Europe at a 3 Star Michelin Restaurant to return home and be recognized as one of the "Top 30 under 30" up-and-comers by the Ontario Hospitality Institutes. Chef Krupa brings innovation and experience to Table Rock House Restaurant.

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QUEENSTON HEIGHTS  
RESTAURANT | EST  
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## QUEENSTON HEIGHTS RESTAURANT

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The elegant Queenston Heights Restaurant is located in picturesque Queenston Heights Park, just ten minutes north of the falls at the edge of the Niagara Escarpment. Savour the delicious culinary creations of Chef Bill Greenan while enjoying a sophisticated setting with one-of-a-kind views of the winding Niagara River from the restaurant's elegant dining room, banquet room or open-air covered terrace.

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## QUEEN VICTORIA PLACE RESTAURANT

Queen Victoria Place Restaurant offers the very best flavours of Niagara paired with a spectacular panoramic view of the majestic falls. Dine indoors or on the expansive covered terrace overlooking the American and Horseshoe Falls as you indulge in Chef Matt Hemmingsen's mouthwatering creations. Enjoy a locally sourced menu and diverse Niagara VQA wine list and craft beer selection.

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## TABLE ROCK MARKET

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Looking for a quick meal? Find delicious and convenient culinary delights just steps from the brink of the Horseshoe Falls at the all-new Table Rock Market, inside Table Rock Centre. Take a break from exploring Niagara Parks to rest your feet and fill your belly in this contemporary market area.

Choose from café and deli favourites, mouthwatering comfort foods, fresh sushi and much more. Table Rock Market offers something for everybody!



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## GARDEN CAFÉ

Refuel and refresh at the Garden Café inside the Botanical Gardens! The newly renovated, quick-serve café features fresh and natural creations ready-to-order on its extensive menu. Whether sitting on the patio or basking in the spectacular collection of energizing indoor plants located inside the café, you're sure to feel reconnected and refreshed after a visit.

Ready for more? Take a stroll through the Botanical Gardens or visit the tropical Butterfly Conservatory all located steps from each other!

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## QUEEN VICTORIA PLACE CAFÉ

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Looking for a to-go snack? Stop at Queen Victoria Place Café, located at the bottom of Murry Street, directly across from the American Falls!

The café offers delicious, fresh meals for any time of the day, as well as mouth-watering desserts and takeaway options, perfect to recharge with as you walk along the Niagara Parkway or sit on the outdoor patio at Queen Victoria Place.

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TABLE · ROCK  
PATIO

## TABLE ROCK PATIO

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Take a break from sightseeing and treat yourself to some mouthwatering food paired with a side of spectacular views of the Canadian Horseshoe Falls at the all-new Table Rock Patio. Featuring patio favourites like juicy char-grilled burgers, Ontario pulled pork sandwiches with Forty Creek BBQ sauce, fresh butter lettuce salad and more, a stop at Table Rock Patio will leave you both satisfied and speechless.



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## NIAGARA PARKS GOLF

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Niagara Parks is home to three of Canada's top courses, Legends on the Niagara & Whirlpool Golf Course along with the TaylorMade Niagara Performance Centre and the Legends Academy.



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## LEGENDS ON THE NIAGARA

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The Legends on the Niagara facility is Canada's premier public golf destination. The grounds feature two championship courses, a par-3 executive course, 360° driving range on 45 acres, state-of-the-art training academy and spectacular clubhouse facilities.

**Battlefield:** The imposing Battlefield course is located on the north side of the Legends on the Niagara property. Golf Architect Douglas Carrick created a truly unique course that challenges every level of golfer.

**Chippawa Executive Course:** The Chippawa executive course is the perfect complement to the larger Battlefield and Ussher's Creek courses. Each hole brings a different challenge, and scores worse than par can be made if you miss the green from the Tee.

**Ussher's Creek:** One of Golf Architect Thomas McBroom's finest masterpieces, this challenging and breathtaking course features thick stands of deciduous trees, wetland hazards, knee-high fescue rough, and impeccable conditioning from tee to green. These all combine to make Ussher's Creek a classic parkland course.

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## TAYLORMADE PERFORMANCE CENTRE

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The TaylorMade Niagara Performance Centre at Legends Golf Academy offers a full-scale club fitting experience unlike any other on the market. Work one-on-one with a TaylorMade Master Fitter to identify your optimal equipment using state-of-the-art launch monitor technology and discover an expansive selection of TaylorMade stock and custom clubs.

Whether it's a specific club fitting or an in-depth full-bag fitting analysis, the TaylorMade Niagara Performance Centre will take every golfer's game to the next level.



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## WHIRLPOOL GOLF COURSE

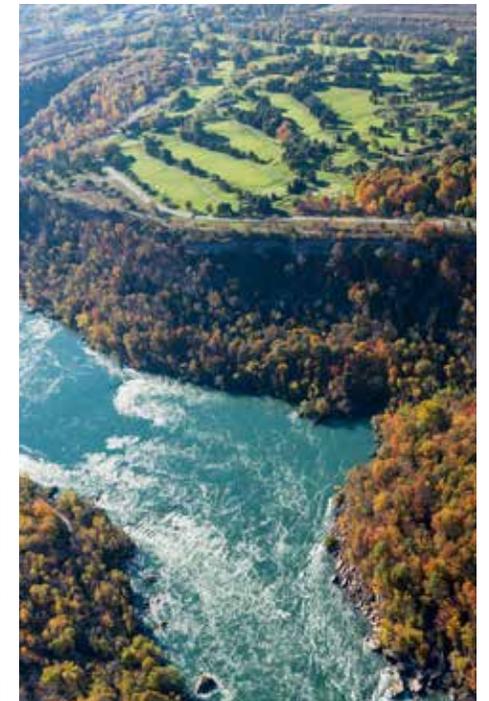
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Whirlpool Golf Course is one of Canada's most highly rated and renowned public golf courses. Opening in 1951, Whirlpool was the final course completed by the legendary course architect Stanley Thompson. This classic parkland course at the precipice of the Niagara River Gorge offers wonderful hole variety and birdie opportunities, a hallmark of Thompson's very best work.

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## NATURE + GARDENS

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Escape to our sprawling parkland, manicured gardens, or peaceful Butterfly Conservatory with Niagara Parks Nature and Gardens. Discover world-famous rose collections, spectacular flowering trees and shrubs, and annual baskets in full bloom.

Explore historic Queen Victoria Park and the Niagara Parks Botanical Gardens, meet our naturalists for a hike through the Niagara Glen, travel along our winding trails, or cycle along the Niagara River Recreation Trail.

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## FLORAL SHOWHOUSE

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The Niagara Parks Floral Showhouse features several floral shows each year, celebrating major holidays, community events and the beauty of nature. Don't miss our incredible collections of orchids, succulents, and other tropical plant species are on display year-round.

Explore this garden oasis with three main displays houses, a stunning tropical foyer, and our Life on Display miniature village collection, you'll want to visit again and again.

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## HERITAGE SITES

Step back in time with Niagara Parks Heritage.

Learn more about Indigenous history, the blazing battles of the War of 1812, our role as a last stop on the Underground Railroad, and so much more at each of our heritage sites on the Niagara Parkway.

Explore iconic Niagara Parks Heritage sites including:

- Old Fort Erie
- Laura Secord Homestead
- McFarland House
- Mackenzie Printery
- Landscape of Nations

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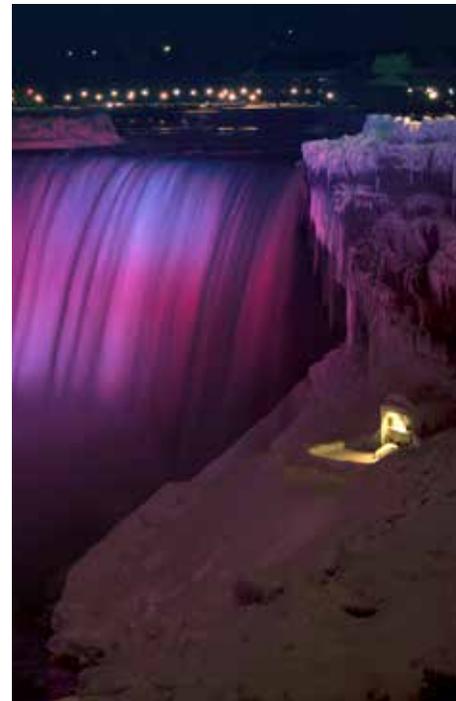
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## NIAGARA FALLS PHOTOS

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We invite you to use Niagara Parks' photo and video assets of Niagara Falls. Please feel free to reach out if you are looking for more assets!



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For media inquiries,  
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