

TABLE ROCK
BISTRO
+ WINE BAR

BISTRO BOARDS

All boards served with a selection of fruit, pickles, jams, nuts, and crackers.

 **CHEESE BOARD 26**
3 Ontario cheeses

MEAT BOARD 26
3 Ontario cured meats

CHARCUTERIE BOARD 45
3 Ontario cured meats and 3 Ontario cheeses

STARTERS

 **MEDITERRANEAN NOSH 18**
whipped lemon ricotta, pomegranate, pistachios,
Niagara honey, chervil*, za'atar spice, grilled naan

WAGYU BEEF SLIDERS (3) 25
Upper Canada Comfort Cream melt,
Niagara cherry ketchup, arugula*, truffle aioli

 **NIAGARA SUMAC
FATTOUSH SALAD 20**
mixed greens, cucumbers, heirloom tomatoes,
radish, red onion, Niagara sumac vinaigrette,
fried pita, feta, mint*
Add Chicken 13, Add Smoked Trout 13

**BURRATA & HEIRLOOM
TOMATO BRUSCHETTA 24** 
basil*, garlic oil, Niagara concord grape glaze, ciabatta

**SMOKED SALMON
CARPACCIO 25**
avocado, capers, sweet and sour onions,
radish sprouts*, sea buckthorn purée,
crowdie cheese, everything flatbread crisp

**BUTTERMILK & BLUE
WEDGE SALAD 21** 
iceberg lettuce, crumbled blue cheese, bacon jam,
cherry tomatoes, pickled red onion, buttermilk dressing
Add Chicken 13, Add Smoked Trout 13

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MAINS

**PULLED PORK &
SWISS PANINI 27**

Dark Side of the Moo Swiss cheese,
caramelized onions, oven dried tomatoes,
apple butter, sour dough, served with kettle chips

**NIAGARA PROSCIUTTO
FLATBREAD 26**

olive oil, figs, goat cheese, mozzarella,
balsamic glaze, arugula*

 **HALLOUMI HOT HONEY
FLATBREAD 23**

pistachio pesto, mozzarella, halloumi cheese,
cherry tomatoes, Niagara hot honey, arugula*

**FOGO ISLAND
SHRIMP ROLL 34**

lemon mayonnaise, shallots, celery, dill*,
apple & fennel slaw, brioche bun,
served with seven grain salad

BISTRO CHEDDAR BURGER 25

8oz grilled chuck patty, Ontario aged white cheddar,
bacon jam, lettuce, tomato, onion, garlic mayo, served
with kettle chips

VEGETABLE BURGER 23

quinoa and chickpea patty, Ontario aged white cheddar,
caramelized onions, lettuce, tomato, red pepper aioli,
served with seven grain salad

JALAPENO & CHEESE CURD SAUSAGE 25

tomato jam, crispy onions, triple crunch aioli,
arugula*, brioche bun, served with kettle chips

DESSERTS

**STRAWBERRY &
RHUBARB PIE 17**

strawberry mousse, mint*

CARROT CAKE 17

summer berries, mint*

KIDS' ITEMS

 GRILLED CHEESE 15

served with kettle chips

CLASSIC BURGER 16

served with kettle chips

Add cheddar cheese 3

 VEGETARIAN

 GLUTEN FREE

PRICES ARE IN CANADIAN FUNDS AND EXCLUSIVE OF TAX AND SERVICE FEES

*Grown by Niagara Parks School of Horticulture in our Botanical Gardens